



A DAY IN THE LIFE OF...

A. READING

Before you read

Work in pairs. Ask and answer questions about your daily routine, using the cues below.

Example: what time you often get up

A: *What time do you often get up?*

B: *I often get up at six.*

– what time you go to school / have breakfast / lunch / dinner / go to bed

– what you often do in the morning / afternoon / evening


While you read

Read the passage and then do the tasks that follow.




Mr. Vy: The alarm goes off at 4:30. I get up and go down to the kitchen to boil some water for my morning tea. I drink several cups of tea, have a quick breakfast and then lead the buffalo to the field. It takes me 45 minutes to get ready. I leave the house at a quarter past five and arrive in the field at exactly 5:30. I plough and harrow my plot of land and at a quarter to eight I take a short rest. During my break I often drink tea with my fellow peasants and smoke local tobacco. I continue to work from a quarter past eight till 10:30. Then I go home, take a short rest and have lunch with my family at 11:30. After lunch I usually take an hour's rest.


Mrs. Tuyet: At 2:30 in the afternoon we go to the field again. We repair the banks of our plot of land. Then my husband pumps water into it while I do the transplanting. We work for about two hours before we take a rest. We finish our work at 6 p.m. We have dinner at about 7 p.m., then we watch TV and go to bed at about 10 p.m. Sometimes we go and see our neighbours for a cup of tea. We chat about our work, our children and our plans for the next crop. Although it's a long day for us, we are contented with what we do. We love working and we love our children.

 **Task 1.** Choose the option A, B, or C that best suits the meaning of the italicised word(s).

1. The alarm *goes off* at 4:30.
A. goes wrong B. goes away C. rings
2. It takes me 45 minutes *to get ready*.
A. to go B. to wake up C. to prepare
3. We *chat* about our work.
A. talk in a friendly way B. learn C. discuss
4. We are *contented with* what we do.
A. satisfied with B. disappointed with C. interested in

 **Task 2.** Answer the following questions.

1. What is Mr. Vy's occupation?
2. What time does he get up and what does he do after that?
3. What does he do in the morning?
4. What do Mr. Vy and his wife do in the afternoon?
5. Are they happy with their lives or not? Why?


 **Task 3.** Scan the passage and make a brief note about Mr. Vy and Mrs. Tuyet's daily routines. Then compare your note with a partner.

in the morning	4:30: The alarm goes off and Mr. Vy gets up.
in the afternoon
after dinner

After you read

Work in groups. Talk about Mr. Vy and Mrs. Tuyet's daily routines.

B. SPEAKING

 **Task 1.** Quan is a tenth-grade student. He goes to school every morning. Below is his weekly timetable. Ask and answer questions with a partner, using the information from the timetable.

Examples:


A: What time does Quan have a Civic Education lesson on Monday?

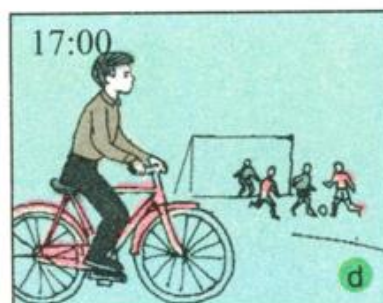
B: (He has a Civic Education lesson) at 7:15 a.m.

A: What lesson does Quan have at 7:15 a.m. on Monday?

B: (At 7:15 on Monday he has) a Civic Education lesson.

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7:15	Civic Education	Physics	Physical Education	English	Maths	Literature
8:05	Information Technology	Literature	Literature	Geography	Information Technology	English
8:55	Maths	Biology	Literature	History	English	Maths
9:55	Maths	Chemistry	Physics	Physical Education	Physics	Maths
10:40				Chemistry		Class Meeting

 **Task 2.** Talk about Quan's activities, using the pictures below.



 **Task 3.** Tell your classmates about your daily routine.

C. LISTENING

Before you listen


Work in pairs. Ask and answer the following questions.

- Have you ever travelled by cyclo?
- When was it?
- Is it interesting to travel by cyclo?
- Which do you prefer, going by bicycle or by cyclo? Give reason(s)?


- Listen and repeat.

district	routine	office	pedal	purchases
drop	passengers	ride	park	food stall

While you listen

 **Task 1.** You will hear Mr. Lam, a cyclo driver, talk about his morning activities. Listen to his talk and number the pictures in their correct order.



 **Task 2.** Listen again. Decide whether the statements are true (T) or false (F).

T F


- | | |
|---|---|
| 1. Mr. Lam lives in District 1. | <input type="checkbox"/> <input type="checkbox"/> |
| 2. Mr. Lam usually gets up early. | <input type="checkbox"/> <input type="checkbox"/> |
| 3. After Mr. Lam gets up, he rides his cyclo from District 5 to District 1. | <input type="checkbox"/> <input type="checkbox"/> |
| 4. Mr. Lam's first passengers are two pupils. | <input type="checkbox"/> <input type="checkbox"/> |
| 5. Mr. Lam has lunch at home with his family. | <input type="checkbox"/> <input type="checkbox"/> |
| 6. After lunch Mr. Lam immediately goes back to work. | <input type="checkbox"/> <input type="checkbox"/> |

After you listen

Work in pairs. Take turns to ask and answer questions about Mr. Lam's activities, using the cues below. Then retell his story to the class.

name	start work	lunch
occupation	passengers	rest

D. WRITING

 **Task 1.** Read the following passage and find all the verbs that are used in the past simple and the connectors (time expressions) in the story.

A narrative


14th July 1995 is a day I shall never forget. On that day, I stared death in the face.


Our flight was due to leave at 11 a.m., and I arrived at the airport quite early. We got on the plane at 10:30 and the plane took off on time. The air-hostesses were just beginning to serve our lunch when the plane began to shake.

At first, we thought we were flying in bad weather. We were told to stay seated and fasten our seat belts. Then suddenly the plane seemed to dip. We realised we were in danger. Many people screamed in panic. We all thought we had only minutes to live.

Then, just when we had given up all hope, we felt the plane slowly gained height. A few minutes later the pilot announced that everything was all right. We were all overjoyed and relieved. One hour later we landed safely. It was the most frightening experience of my life.



 **Task 2.** Work in groups. Identify the events, the climax, and the conclusion of the story. Then report your results.

 **Task 3.** Use the prompts below to build up a narrative about a hotel fire.

Last year / I / spend / summer holidays / a seaside town. / The hotel / be modern / comfortable. / I / have / wonderful holiday / until / fire.

It / be / Saturday evening / and / everybody / be / the discotheque / ground floor. / It / be / crowded / with people. / They / dance / and / sing happily. / Suddenly / we / smell / smoke. / Then / black smoke / begin / fill / room. / Everybody / start / scream / in panic. / People / run toward / fire exits. / One door / be / block. / Many people / begin / cough / choke.

Then / just as we / think / we / have / only / minutes / live, / fire brigade / arrive. / Firemen / fight / their way / into / room / and soon / everyone / be / safely out of the building. / Luckily / nobody / be / seriously hurt. / It / be / most frightening experience / my life.

E. LANGUAGE FOCUS

● **Pronunciation:** / ɪ / - / i: /

● **Grammar and vocabulary:**

1. The present simple

2. Adverbs of frequency

3. The past simple

Pronunciation

● Listen and repeat.

/ ɪ /		/ i: /	
hit	kick	heat	repeat
bit	click	beat	read
little	interest	meat	eaten

● Practise these sentences.

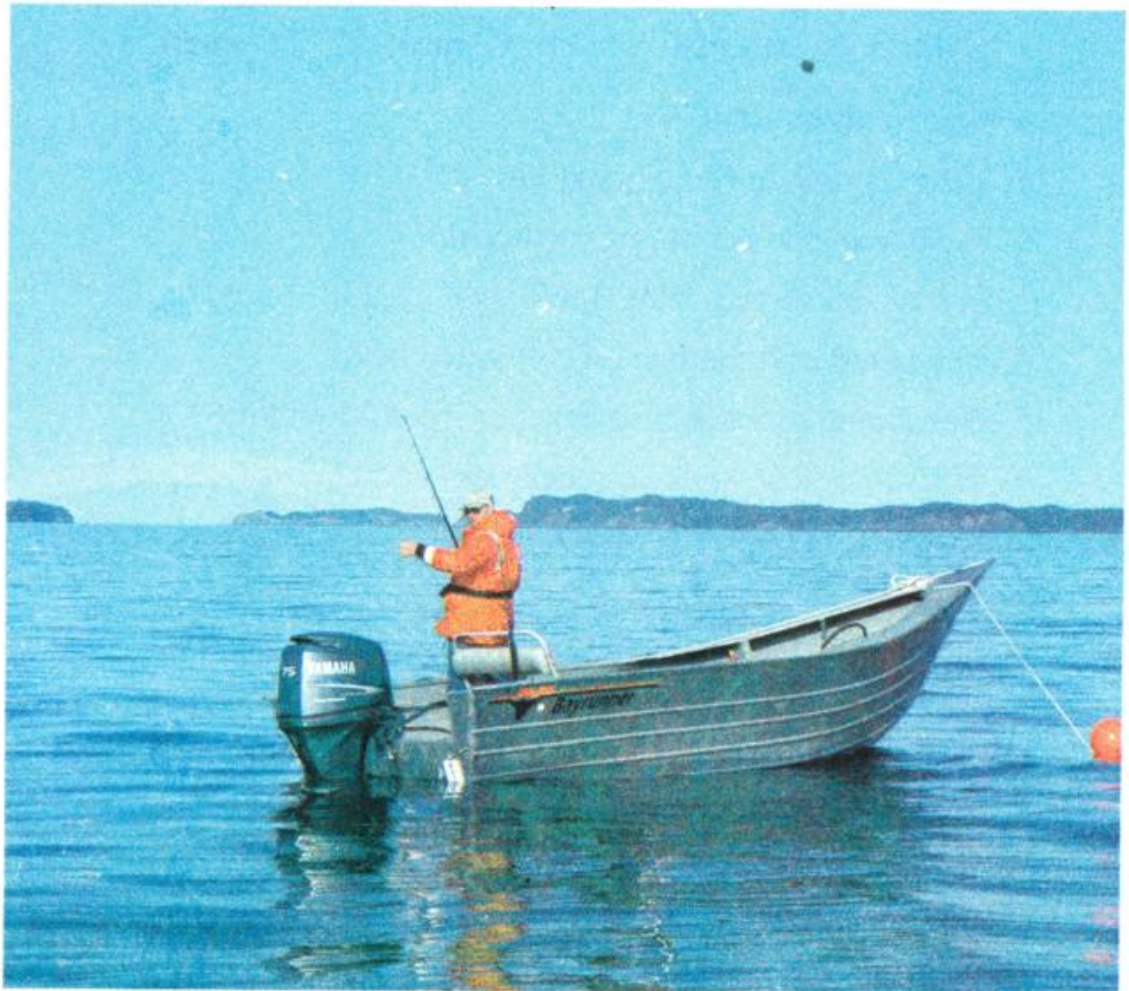
1. Is he coming to the cinema?
2. We'll miss the beginning of the film.
3. Is it an interesting film, Jim?
4. The beans and the meat were quite cheap.
5. He's going to leave here for the Green Mountains.
6. Would you like to have meat, peas and cheese?

Grammar and vocabulary

Exercise 1. Complete the blanks in the passage. Use the correct present simple form of the verbs in the box. (There are more verbs than needed and you will have to use some verbs more than once.)

be	play	take	run
fish	go	say	catch
worry	give up	like	realise

Fishing (1) _____ my favourite sport. I often (2) _____ for hours without catching anything. But this does not (3) _____ me. Some fishermen (4) _____ unlucky. Instead of catching fish, they (5) _____ old boots and rubbish. I (6) _____ even less lucky. I never (7) _____ anything – not even old boots. After having spent whole mornings on the river, I always (8) _____ home with an empty bag. "You must (9) _____ fishing!", my friends (10) _____ "It's a waste of time". But they don't (11) _____ that I (12) _____ not really interested in fishing. I'm only interested in sitting in a boat, doing nothing at all.



Exercise 2. Put each of these adverbs of frequency in its appropriate place in the sentences below.

always	usually	sometimes	as a rule
never	often	normally	occasionally

He gets up early.

She is late for school.

Lan practises speaking English.

Thao is a hard-working student.

Exercise 3. Supply the correct past simple form of the verbs in brackets.

Late in the afternoon, the boys put up their tents in the middle of a field. As soon as this (1) _____ (do), they (2) _____ (cook) a meal over an open fire. They (3) _____ (be) all hungry and the food (4) _____ (smell) good. After a wonderful meal, they (5) _____ (tell) stories and (6) _____ (sing) songs by the camp-fire. But some time later it (7) _____ (begin) to rain. The boys (8) _____ (feel) tired so they (9) _____ (put out) the fire and (10) _____ (creep) into their tent. Their sleeping-bags were warm and comfortable, so they all (11) _____ (sleep) soundly. In the middle of the night two boys (12) _____ (wake) up and began shouting. The tent (13) _____ (be) full of water. They all (14) _____ (leap) out of their sleeping-bags and (15) _____ (hurry) outside. It was raining heavily and they (16) _____ (find) that a stream had formed in the field. The stream (17) _____ (wind) its way across the field and then (18) _____ (flow) right under their tent!